

Terms of Reference Physical Activity Steering Group

1. Aims

The Physical Activity Steering Group ('the Group') will co-ordinate, monitor and support the delivery of the Physical Activity Action Plan in order to meet the vision of *More People, More Active, More Often*.

2. Membership

Chair: Strategic Health & Wellbeing Manager, Public health

Vice Chair: Leisure and Sport Development Manager

Appropriate strategic representatives from Tees Active; NHS, VCSE (e.g. Sustrans; Catalyst), Greenspace Strategy; Urban Design; Transport; Adult Social Care; Children's Services

3. Objectives

The objectives of the Group are to:

- a. Provide a co-ordinated and cohesive approach to upholding the principles outlined in the physical activity framework
- b. Contribute to the delivery of the action plan
- c. Promote physical activity as a means to delivering objectives across agendas including health and wellbeing, maintaining independence, connected communities etc.
- d. Increase awareness and understanding of physical activity and the related harms of inactivity within our communities and support our workforces to respond
- e. Create environments which promote Making Every Contact Count, early identification of opportunities and smooth pathways to support more people being more active more often
- f. Agree key performance indicators and monitor these to ensure continuous improvement.
- g. Champion the needs of priority groups identified within the physical inactivity JSNA (those specified in the strategic framework)
- h. Initiate research and development opportunities and proposals as part of innovative practice
- i. Design and test multi-agency interventions

4. Principles of Working

The Group will consider the needs and opportunities of working with different communities. We have identified the following priority groups in our framework

- Women – men are more active than women in virtually all age groups
- Carers and parents– being able to leave dependants has been identified as a local issue
- People with long term mental and/or physical health conditions
- BME communities
- People with disabilities
- People living in our deprived communities
- Secondary school-aged girls
- People over the age of 75 years

The Group will identify clear outcomes against which success can be measured.

5. Processes

The processes by which the Group will operate are as follows. The Group will:

- Seek endorsement from the Health and Well-being Board for a rolling 12 month action plan
- Report to the Health & Wellbeing Board on at least on annual basis
- Key issues will be raised with relevant groups to facilitate a collaborative approach to the delivery of outcomes (e.g. Green Infrastructure Steering Group).
- Oversee the work of the necessary Task & Finish Groups such as are required to support the delivery of the action plan.
- Endorse and oversee the achievement of any relevant national and local targets/actions.
- Delegate actions to stakeholders within the system
- Communicate and connect with providers and other stakeholders on the development and delivery of the Strategy and Action Plan.

6. Sub Structures:

Task and Finish Groups as deemed to be necessary to deliver the action plan

7. Review

The Group will review these Terms of Reference annually and update as required.